## MEDICAL LABORATORY SCIENCES



# Marijuana legalization- Review of Regulating driving under the influence

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MLSP 6905 Capstone Project Presentation

## Project Research Question

- What have other states with legalized marijuana done to determine if a driver is under the influence?
- What should Minnesota consider as they push to legalize recreational marijuana?

## Literature Review / Background

Increased drug-impaired

drivers involved with crashes since legalization

 Drivers under the influence of

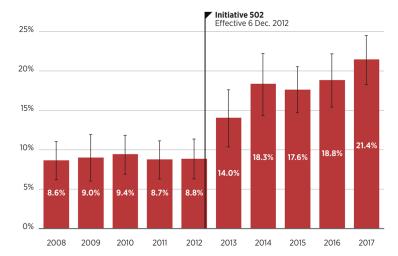


Figure 1. Estimated Percentage of Drivers Involved in Fatal Crashes Who Were THC-Positive, Washington State, 2008-2017.

Vertical bars represent 95% Confidence Intervals.

marijuana demonstrate some impaired functions needed for driving

AAA Foundation of Safety, 2020

## Literature Review / Background

THC Metabolism

 THC is lipid soluble and has a complex

Marijuana Hashish (dried leaves (resin from upper & flowering leaves & flower heads) buds) More than Isolated pure 60 compounds compounds Inactive Cannabinoids metabolism Non-cannabinoids Active but not Psychoactive psychoactive Δ9-THC Δ8-THC Cannabidiol Primary active metabolite 11-hvdroxy-Δ9-THC Primary inactive metabolite (11-nor-9-carboxy-Δ9-THC

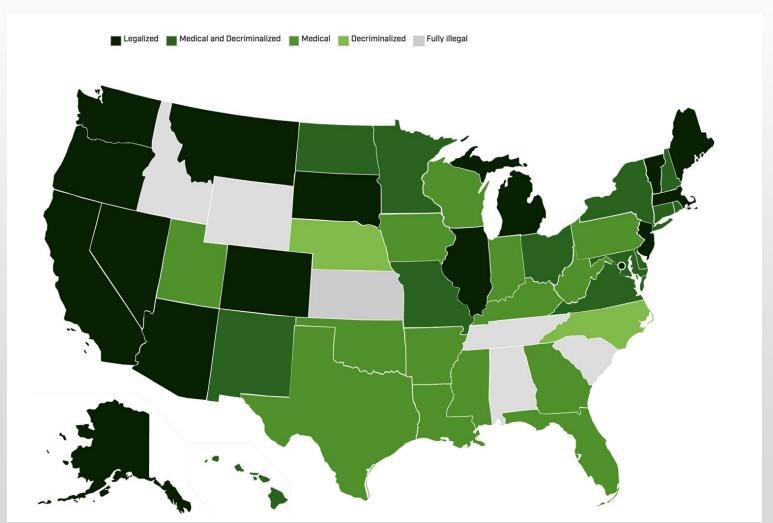
## Literature Review/ Background

- Issues assessing intoxication
  - Chronic user vs. non-regular users
  - Method of use
  - Proving intoxication at time of testing
  - No defined relationship between intoxication and impairment

#### Materials & Methods

- Literature review
- Search terms:
  - marijuana impairment
  - marijuana and driving laws
  - marijuana impaired driving

## Discussion / Conclusion



#### Discussion

- Zero tolerance DUI
  - illegal for any amount of any drug
- Per se DUI
  - illegal to have a specified level of drug metabolite
- Zero tolerance per se DUI
  - illegal for any amount of specific drug metabolite

## How to determine marijuana impaired driving

Step 1	Step 2	Step 3	Step 4	Outcome
Erratic	Unusual	Field	Laboratory	Charged
driving	behavior	Sobriety	Testing	with DUI
noted	noted	Test		

## **Acceptable Specimens**

	Advantages	Disadvantages
Blood Testing	-gold standard	-limited ability to relate the amount of drug or metabolite in blood to level of impairment -invasive procedure -requires search warrant and nurse/licensed phlebotomist
Oral Fluid Testing	-minimally invasive -rapid -point-of-arrest devices in the works	-requires search warrant -issues associated with distinguishing use vs. environmental exposure
Sweat Testing	-no advantages over oral fluid testing	-cannot be regarded as evidence of impairment at time of arrest/crash -susceptible to contamination
Hair Testing	-not invasive	-cannot be regarded as evidence of impairment at time of arrest/crash
Urine Testing	-methodology well established	-cannot be regarded as evidence of impairment at time of arrest/crash

## Regulations/Changes in Other States

What have states with legalization implemented?						
Driving Regulations	<ul> <li>Medical Only States</li> <li>30% have regulations specific to driving under the influence of THC</li> <li>70% have zero tolerance, but do not differentiate THC from other drugs for DUI purposes</li> <li>5 are zero tolerance per se</li> <li>Ohio has a per se limit of 2 ng/mL</li> </ul>	<ul> <li>Recreational States</li> <li>43% have regulations specific to driving under the influence of THC</li> <li>57% have zero tolerance, but do not differentiate THC from other drugs for DUI purposes</li> <li>Arizona has zero tolerance per se</li> <li>Nevada has per se limit of 2 ng/mL</li> <li>Colorado, Illinois, Montana, Washington have per se limits of 5 ng/mL</li> <li>Colorado has reasonable inference</li> </ul>				
Education	Public education campaigns  ■ Goal of educating public on impairment while driving  ■ Ex: Drive High Get a DUI	Officer enforcement training  Classes which focus on the signs of impairment (Standardized Field Sobriety Test, Advanced Roadside Impaired Driving Enforcement, Drug Evaluation and Classification, Prosecuting the Drugged Driver)  Training on report writing and how to testify in court				
Legal System	<ul> <li>Law enforcement grants</li> <li>Separate DWI courts, prosecutors, and crime labs</li> <li>State task force</li> <li>Electronic warrant system</li> </ul>					

#### Recommendations for MN

- Form committees, task forces, or leadership teams to focus on data, funding, training, further studies
- Use revenue from taxes towards education, research, and testing
- Education classes for officers to recognize impairment
- Develop a way to get warrants fast
- Behavioral signs of impairment should be considered hand in hand with levels of THC to determine impairment
- Rely on blood testing as specimen of choice

## Study Limitations / Next Steps

- Literature review- many confounding studies
- Development of a modified field sobriety test
  - include tracking & finger tapping assays, pupil dilation, and vitals
- Increase number of Drug Recognition Experts (DREs)
- Continue research on oral fluid testing & marijuana-impaired driving studies

#### Medical Laboratory Sciences

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