

# Alumni News



## From the Director's Desk

*A message from Peggy M. Martin, Ph.D., Program Director*



University of Minnesota Occupational therapy holds strong amidst winds of change. Let me describe some of the change that supports, strengthens, and makes our Occupational Therapy Program robust.

with autism, and persons affected by dementia, just to name a few. Second, occupational therapy is surrounded by a changing health care system. The Affordable Care Act mandates strategies designed to improve health and wellness through changed payment structures, increased access to health insurance, and more measured quality. These strategies provide opportunities for occupational therapists to help transform the health care system. A recent article by Fisher and Friesema (2013) published in the September/October issue of the American Journal of Occupational Therapy lists opportunities for occupational therapy to participate in the Medicare and Medicaid Innovation projects such as accountable care organizations, some of which exist in Minnesota. The authors challenge occupational therapists to demonstrate our effectiveness through measures of reduced hospitalizations, increased patient satisfaction, and improved functional outcomes. They list self-management and fall prevention and as two key areas in which occupational therapists can make a difference in people's lives. Occupational therapy faculty attend to this report and others like it so our

First, the University as a whole and the Academic Health Center has undergone top-down change. We have a new president of the University, a new interim Vice-President of the Health Sciences, and a new Center for Allied Health Programs which houses the occupational therapy program. Top-down administrative change causes a cascading change to processes and organizational culture. For us, this change has fostered opportunity. Occupational therapy is increasingly viewed as a strong contributor to quality, team-based care of at-risk individuals and populations. Occupational therapy has a stronger campus presence with OT faculty participating in decisions about best practices for elderly individuals, mental health populations, youth



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## Center for Allied Health Programs

UNIVERSITY OF MINNESOTA

Driven to Discover<sup>SM</sup>



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graduates are prepared to work in changing health care environments.

These are exciting times to be an occupational therapist. Change surrounds us, causing us to rapidly adapt the curriculum, incorporating the triple aim associated with today's health care: improving the client/patient experience, improving overall health, and reducing cost (Berwick et.al., 2008). We value communities who help graduate competent occupational therapists prepared to practice now and in the future. Thank you for helping shape us into a program that holds the health and wellbeing of our communities at the core of what we do.

Peggy Martin, PhD, OTR/L, Program Director  
Occupational Therapy

References:

Berwick DM, Nolan TW, Whittington J. The Triple Aim: Care, health, and cost. *Health Affairs*. 2008 May/June;27(3):759-769.

Fisher, G. and Friesema, J. (2013). Implications of the Affordable Care Act for occupational therapy practitioners providing services to Medicare recipients. *American Journal of Occupational Therapy*, 67 (5): 502-506.

## Occupational Therapy Students Volunteer at RT Autism Foundation Gala in Rochester



Photo: Students (left to right) Maria Schweiss and Lisa Duberowski are among students helping with the registration desk at the Autism Gala in Rochester.

On January 25<sup>th</sup>, 2013 students from the Rochester performance site with the University of Minnesota Program in Occupational Therapy attended the "Mending Minds, A Magical Gala for Autism" hosted by the RT (Reece Trahan) Autism Foundation of Rochester, Minnesota. The RT Autism Foundation is a non-profit organization dedicated to autism awareness and the effects it has on individuals and their families. The RT Autism Foundation hosted its second annual Gala at the Rochester International Event Center. The event brought in acts from all over the country including comedian Bob Zany, national comedian Greg Hahn, and speed painter Tim Decker. The event included a social hour, silent auction, dinner, entertainment, and a live auction. Students with the OT program volunteered their time on the Gala committee, with the silent action and helped to check in arriving guests.

Many individuals in the Rochester community attended the event including Judy Braatz, membership director for the Rochester Chamber of Commerce, Michael Munoz, Rochester Public Schools Superintendent, and Marcus Sherels, cornerback and return specialist for the Minnesota Vikings. All proceeds from the event benefit families and individuals with autism. The RT Autism Foundation donates the proceeds and their time to Project Lifesaver, improving Rochester Public Schools and Foundations, and improving Autism awareness in the city of Rochester and the state of Minnesota.

## OT Classroom

The OT Program hosted an Open House on January 29, 2013 to showcase our newly renovated classrooms. Forty-eight years after the OT program moved into the Children's Rehabilitation Center in 1964, the OT classrooms were renovated to better support our blended-learning, hybrid curriculum. During much of Fall Semester 2012 substitute teaching space was used all across campus for our face-to-face course days as our rooms were transformed. On some days even the Meditation Room in the Mayo Building and the OT/PT Student Lounge were pressed into service.

The orientation of the main classroom (room 262) was shifted and a kitchen area with appliances was installed. Doors and walls were moved. The former workshop with its power tools is a classroom. The paint room was enlarged and changed into a course-material storeroom and class prep area. The old blackboards have been replaced with new ITV system, web cam, ceiling-mounted wifi hubs, LCD projectors, microphones, and speakers. Floor and wall outlets were installed for individual student computer use while in class. Flip-top, rolling tables and chairs with wheels make it easy to quickly change the rooms between classes for group work, demonstrations, or lab practice space.



Photos: (Top) Classroom during construction.  
(Bottom) Finished room with furniture and appliances.



## Focus on Alumni



Mary Vining Radomski, PhD, OTR/L, FAOTA is a graduate of the University of Minnesota occupational therapy program (1977); and received a her Ph.D. in Educational Psychology (focus on Learning and Cognition) in 2007.

She has spent her career at Sister Kenny Rehabilitation Institute as clinician, coordinator of quality and outcomes,

and for the past 6 years, as a clinical scientist in the Sister Kenny Research Center. Among OT students, Dr. Radomski is probably best known as the co-editor of Occupational Therapy for Physical Dysfunction with Catherine Trombly Latham, one of the most commonly used texts in occupational therapy education.

Dr. Radomski currently shares her expertise in brain injury and cognitive rehabilitation with the nation as an ORISE Fellow with the Rehabilitation & Reintegration Division (Army Office of the Surgeon General) where she supports the development and implementation of evidence-based guidance for military occupational and physical therapists specific to soldiers with mild traumatic brain injury. Her

many research interests all relate in some way to learning and cognition, including her most recent study of occupational therapy intervention for chemotherapy-related cognitive dysfunction ("chemobrain") and its influence on adherence to rehabilitation recommendations.



## Spotlight on Alumnae:



**ANN HOLLAND**, an alumna of the OT Program at the University of Minnesota, class of 1981, became an experienced clinician and administrator. Ann has demonstrated extraordinary leadership, service, and dedication to the field of occupational therapy, the Minnesota Occupational Therapy Association, and the American Occupational Therapy Association.

Ann has always worked in Minnesota; first at St. Paul Ramsey Medical Center (Regions Hospital), followed by University of Minnesota Hospital and Clinics where she became a full time administrator and became the supervisor of occupational therapists and the other allied health professionals. Ann

continued her practice at Mercy Hospital, Lake Ridge Rehabilitation and Specialty Care Center, Aegis Therapies, and Shriners' Hospital for Children where she served as the Director of Rehabilitation Services.

Ann was also a leader in professional associations, serving as *Minnesota Occupational Therapy (MOTA) President (1997-1998)*, President Elect (1996), Chair of Standards and Ethics Committee, and Member of the work-horse Government Affairs Committee.

She has also been an active participating member of MOTA's Mental Health Special Interest Group and Administration Special Interest Group. In addition, she has presented at numerous MOTA conferences and has attended every year's conference, with the exception of two years when work took her out of town. Ann also actively supported the American Occupational Therapy Association (AOTA), serving as Minnesota's *Representative to the Assembly (1999-2005)*, Member of AOTA's *Nominations Committee (2001-2003)*, and member of AOTA's *Strategic Planning Committee (2000-2002)*, and the *Fieldwork Representative to AOTA National Committee on Education*. Ann Holland was awarded MOTA's Lifetime Achievement Award on October 27, 2012 in Bloomington, Minnesota. We are proud of our alumna, Ann Holland!

## Instructional Support Staff



**JENNIFER HUTSON**

Working as an instructional support staff member in the OT department at UMN has been a wonderful experience. I began teaching at the University of Minnesota in fall of 2008, teaching Occupations as Therapy, one of the OT foundations courses.

I had been an occupational therapist for six years prior to the UMN opportunity and worked as a seating and adaptive equipment practitioner. While I love the problem solving and hands on challenges that the assistive technology vocation affords, the specialized nature of the work had left me feeling a bit disconnected from the foundations of the OT profession. Teaching Occupations as Therapy as well as other course sections has given me great satisfaction and allowed me to connect to and share what I most love about the profession with soon-to-be practitioners.

Since I was given the opportunity to work as an instructional support staff member four years ago, I've expanded my work as an educator and also teach part-time as an assistant professor at another university. And I am applying to a PhD. program in education. My experience at UMN has greatly impacted what I hope to be a long career in education.

# FIELDWORK CORNER



As our program wraps up another class of 150 Level One fieldwork rotations and 90 Level 2 fieldwork rotations, I again thoroughly enjoy reviewing what students have to say about their experiences and educators. Your energy and dedication shines through. Here are some excerpts:

- *I love the experience and both my supervisors!*
- *My fieldwork supervisor is patient and willing to allow trial and error.*
- *My educator is flexible.*
- *My educator has great therapeutic use of self.*
- *My clinical educator is really passionate about work and the enthusiasm is contagious.*
- *I really enjoy and look forward to working with the therapists.*
- *I am working with such an amazing group of people.*
- *[I work] In a friendly atmosphere...[where they] go out of their way to say hello.*
- *My educator is... supportive of student's questions and interests.*
- *My educator is a mentor*
- *My educator... wants students to feel comfortable [about] asking anything.*
- *My educator cares a lot about the future of our profession.*

Are you passionate about your profession? Our need for fieldwork rotations continues to grow along with the increased demand for occupational therapists in the workforce. I have enjoyed establishing new relationships and working with therapists across the state from Audubon to Marshall, Willmar, and Paynesville. Have you considered working with students but don't know where to begin; don't want to commit to twelve weeks? Virtually any setting and any time commitment can be a great fieldwork experience for you and our students. Just because you work part time, or in a nontraditional OT setting, doesn't mean you can't share your passion for OT with students.

If you would like to help support our students in fieldwork, contact:

**CHRIS BOURLAND (MHA, OTR/L)**

**(612) 626-3995**

or **stra0183@umn.edu**



## Coordinating Fieldwork **Chris Bourland**

Contact me to plan fieldwork in your setting. We are always looking for therapists to support students as they grow into competent entry-level practitioners. You may be in a setting where occupational therapy is provided in a traditional practice area. You may work part-time in your position and wonder how a student could participate in your work. Alternately, you be in a role that is "role emerging" or in a nontraditional setting, maybe a community setting or a setting in which you are using your OT background to support an organization and its clients. You may have a question about whether your setting will truly meet the needs of students. Most settings provide great experiences for students and add understanding to what OT's can do! Our program emphasizes students' growth in traditional OT settings and nontraditional and role-emerging experiences as well. We can work with you to determine how students will fit into your setting and share resources, tips and ideas to help you get started.

For donations, please visit <http://z.umn.edu/onlinegiving>

*There is a dropdown list on the donation website. Please choose your favorite Occupational Therapy Fund.*

## Focus on Faculty



**COREY MCGEE**, OT faculty, lectured at a two-day hand therapy and surgery symposium in Rotterdam, Netherlands in April, 2013. The annual symposium (A.K.A, *Esser Course*) was created to inform Western European surgeons and therapists about best practice hand therapy and surgery and to allow for open dialogue amongst attendees and other experts in hand function.

While in Rotterdam, Professor McGee gave two presentations; the first of

which was titled *Clinical and Research Measures of Participation, Activity Limitation and Impairment*. In this lecture he described how to select sound self-reported hand-therapy outcome measures to measure change in all domains therapists wish to impact through their interventions: health, activity, participation, and the contexts supporting activity. He emphasized that for therapists who work in hand rehabilitation to be client-centered and occupations-based, the right tools are needed to avoid a focus on impairments in range of motion and strength.

Because the focus of the symposium was primarily on the basal thumb joint, Corey's second presentation titled, *Tools to Validate and Inform Treatment of Persons with 1<sup>st</sup> Carpometacarpal Osteoarthritis*, emphasized the findings

of his current research. In this lecture, he spoke about how he and his colleagues are working to validate and use research and clinical measures to determine if and how therapy interventions enhance the mechanics of the thumb to help reduce arthritic symptoms and support occupational performance.

Professor McGee's travel was funded by the sponsor, Erasmus Medical Center, University of Minnesota, and the Occupational Therapy Program. This international invitation directly reflects the caliber of the OT Program and its faculty. Future international research collaborations will address the transcontinental issue of aging and its impact on hand function and occupational performance.

## Opportunity for Alumni: **TEACHING**

Occupational therapy students learn alongside other health professions students in the Foundations of Interprofessional Communication and Collaboration course (FIPCC) during their first semester. OT students explore their own profession in relationship to clinical laboratory science, medicine, nursing, pharmacy, medical social work, dentistry, veterinary medicine, and more. In fall 2012, approximately 900 students across the entire Academic Health Center, distributed across 4 campuses, enrolled in the course. This early exposure prepares students for future practice in the emerging health care system where teamwork and collaboration play important roles

in improving quality of health care, ensuring patient safety and controlling health care costs.

The content of the FIPCC course is anchored in the Interprofessional Education Collaborative competencies (May, 2011 retrieved at <http://www.aacn.nche.edu/education-resources/ipcreport.pdf>), an expert panel report written by representatives of six health care associations. The competencies or general statements are categorized into four domains: values/ethics for interprofessional practice; roles and responsibilities; interpersonal communication; and teams and teamwork; and are intended to function as guidelines for interprofessional practice.



Students meet in small interprofessional groups of twelve participants for six face-to-face sessions, each facilitated by an experienced health professional. Last year four facilitators were occupational therapists. This fall, about one-fourth of our second year occupational therapy students will serve as co-facilitators of FIPCC learning groups.

Please contact Peggy Martin, Program Director (612-626-4358; [marti370@umn.edu](mailto:marti370@umn.edu)) if you would like to volunteer and work collaboratively to be a facilitator teaching this course.

# Student Fellowship Awards 2012-2013:

The Program in Occupational awarded \$30,300 to 10 students in 2012-2013.

## The Fellowships are:

- › **Richard J. McCauley Graduate Fellowship in Occupational Therapy** provides support for tuition and fees for full-time graduate students in Occupational Therapy. The donor wishes to promote all types of diversity in the OT profession, including race, religion, sexual orientation and national origin. **MARIA SCHWEISS** and **BENJAMEN KRAUS** received this award during the 2013 academic year.
- › **Borghild Hansen Memorial Fellowship in Occupational Therapy** provides financial assistance to outstanding students pursuing a degree in occupational therapy. Three students received this award during academic year 2013: **ELIZABETH COLLINS**, **AMANDA LINGL**, and **HEIDI HEURER**.
- › **McCauley, Alumni & Friends Occupational Therapy Fieldwork Graduate Fellowship** provides financial assistance to students while they complete the fieldwork requirement for their degree in the Occupational Therapy Program. **NANCY HER** received this award in 2013.
- › **Level II Fieldwork Scholarships** from the auxiliary of the Children's Rehab Center provide financial support for high performing students in their Level II Fieldwork. **JULIA WOOD** received this award.
- › **Marie Louise Wales Fellowship** provides support for students conducting research and/or scholarship in pediatric OT. Three students received this award in academic year 2013: **LUCY ROSENQUIST**, **BRITTANY FINK**, and **KELSEY GRANGER**.
- › **Minnesota Occupational Therapy Scholarships**  
Two University of Minnesota Class of 2013 occupational therapy students were awarded scholarships from the Minnesota Occupational Therapy Association (MOTA). **ROMINA TAKIMOTO** received the **MOTA scholarship** and **VERONICA BARNES** received the **Sunja Klein Ford Award**.



Student from left to right above: Brittany Fink, Veronica Barnes, Romina Takimoto, and Laura Tarlova.

## Highlight on Students: Ben Kraus

Hello my name is Ben Kraus and I am a small town farm kid from Iowa. I currently live in Ossian, IA with my wife Becca. I graduated from Luther College with my bachelor's degree in athletic training and I am currently a certified athletic trainer. One interesting fact about me is that I actually race an IMCA sportmod, which is a dirt track



racecar, outside of school. I really didn't know what I wanted to do for the rest of my life until a severe illness caused

me to spend nearly a year in a hospital and during that time I was able to witness occupational therapy first hand. From the first time I saw occupational therapy, I knew it was for me because of the large impact it can have on someone's life.

After researching OT on the internet, its different settings, clients, and opportunities drew me to this profession. Getting into the U of M Program in Occupational Therapy at the Rochester performance site was a dream come true for me and receiving the Richard McCauley Fellowship scholarship was a huge relief as it lessened some of the out-of-state tuition costs as well as my traveling expenses. Last but not least, I would like to give a big thanks to my wife, my family, my friends, my doctors at Mayo,



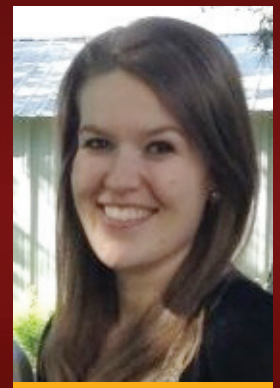
my teachers, the Richard McCauley Fellowship scholarship, and the University of Minnesota for supporting me along this incredible journey.

## News from a recent grad: Karleen Smurawa

I graduated in 2013 from the Program in Occupational Therapy. During my time as a student, I was honored to be Rochester's co-chair of the Occupational Therapy student organization and was selected to speak at the commencement ceremony in December 2012 to faculty, classmates, family, and friends. In my speech I highlighted just a few of the many important things my classmates and I learned while in the program and how much it prepared us for our Level II fieldworks and beyond. The structure of the program allowed me to work at my own pace and apply that knowledge in my Level II fieldwork.

In addition, I have made some great friendships that I will be sure to keep many years down the road. I keep in frequent contact with many of my classmates and fieldwork educators and look to them for their advice and ideas as I start my career as an entry-level Occupational Therapist.

I am currently working as an Occupational Therapist at St. Anne of Winona, Minnesota. I continue to learn something new about Occupational Therapy practice every day and I am enjoying every second of it! In the future, I plan on becoming PAMS and Lymphedema certified in addition to taking a student or two of my own. I enjoy teaching others about the profession and believe it is important to advocate in order for Occupational Therapy to thrive. I look forward to what the future will bring!





# U of M becomes the sole **National Center for Interprofessional Practice and Education**

In October 2012, the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services announced the selection of the University of Minnesota's Academic Health Center (AHC) to lead a new coordinating center that will provide national leadership in the field of interprofessional education and collaborative practice among health professionals. The center is led by AHC Associate Vice President for Education **BARBARA BRANDT, PHD.**

Now called the National Center for Interprofessional Practice and Education, it is the only such organization in the U.S., designated by HRSA as the sole center to provide leadership, scholarship, evidence, coordination and national visibility to advance interprofessional education and practice as a viable and efficient health care delivery model.

By aligning the needs and interests of education with health care practice, the National Center aims to create a new shared responsibility—a concept Dr. Brandt calls the Nexus—for better care, added value and healthier communities. “Our vision is a model where health care practice and education systems will be true partners, continuously learning and transforming together,” according to Dr. Brandt. “It will be anchored by highly collaborative interprofessional teams delivering high quality care that meets the diverse needs of patients, families and communities. We will invite and test ideas to drive sustainable national change.”



The National Center's goals include an improved quality of experience for people, families, communities and learners; shared responsibility for achieving health outcomes and improving education; and reduced cost and added value in health care delivery and education.

The center is a public-private partnership, based on a cooperative agreement with HRSA and four private foundations: the Josiah Macy Jr. Foundation, the Robert Wood Johnson Foundation, the Gordon and Betty Moore Foundation and the John A. Hartford Foundation.

To learn more about the National Center for Interprofessional Practice and Education—and to get involved by joining the center's growing online community—visit [nexusipe.org](http://nexusipe.org).

## Program in Occupational Therapy Mission

Our mission is to enhance the health and quality of life of the people of Minnesota, the nation, and the world through engagement in meaningful occupation through

- Creation, dissemination, and application of occupation-based evidence that promotes health and meaningful participation; and
- Preparation of an engaged, proficient, innovative, professional, culturally effective, person-centered workforce via broadly accessible professional and advanced education; and
- Collaboration across the university and with public/private partners in health, community, and government systems.

# CAHP Commencement



The Center for Allied Health Programs held its graduation ceremony on December 14, 2012 at the McNamara Alumni Center. Over 450 guests, including graduates and their proud friends and family were in attendance to mark the occasion. The procession was led by Dr. Virgil Mathiowetz from the Program in Occupational Therapy, who carried the Ceremonial Mace of the University of Minnesota.

The student address was given by Karleen Smurawa, titled "A Time to Reflect". Guest speaker Dr. Mark Taylor echoed this theme in a lively speech that was both inspiring and

informative, bringing humor and encouragement to the crowd of nervous graduates. He shared stories of how graduates entering today's workforce need to be resilient, persistent, and adept at using the skills and strategies taught by the Center for Allied Health Programs. Forty-three Occupational Therapy students graduated in this class. Each student walked across the stage to receive his or her diploma and a handshake from the program director Dr. Peggy Martin and the Honorable John Frobenius from the Board of Regents. A reception followed the ceremony.



## Congratulations, Class of 2013!

Alyssa Bagnall  
Veronica Barnes  
Kathryn Bauer  
Michela Baumgartner  
Chrispen Norris Behnke  
Alyssa Buysse  
Ashley Elkins  
Tara Erickson  
Brittany Fink  
Breanna Funk  
Marlene Gajda  
Jennifer L. Gardner  
Elizabeth Garlough  
Julia E. Gilbert  
Kaitlynn Gottenborg

Kelsey Granger  
Kate Haglund  
Shivan Asha Hanuman  
Jenna M. Heilers  
Nancy Yang Her  
Michael Rory Johnston  
Kelly C. Kueffer  
Jillian Mazura  
Jeffrey A. Mueller  
Kristin Michelle Nordlie  
Amanda K. Overlie  
Brian Reichert  
Alison Lynn Rhone  
Lucy Erica Rosenquist  
Christina Sears

Paige Servick  
Karleen Smurawa  
Melinda Steffl  
Joni Strandquest  
Lauri A. Stumph  
Anna Svobodny  
Romina J. Takimoto  
Laura Tarlova  
Maggie Trimmier  
Jessica Wahlberg  
Jill K. Werner  
Kathryn Ann White  
Julia Marie Wood



## CALLING ALL ALUMNI!

Watch for employment surveys from the Program in Occupational Therapy. We hope you will respond with your updated information!

# The Power of Scholarships

Every year, we hear that some students struggle to make ends meet, especially toward the end of their graduate program. Each of the funds below helps support an OT student financially. Please help these funds grow! Helping to offset costs experienced by students when attending fieldwork outside of their home commuting range continues to be a top priority for the program.

## Richard J. McCauley Fellowship in Occupational Therapy

(Fund 5643) The goal of the Richard J. McCauley Fellowship in Occupational Therapy is to expand student diversity in the profession of occupational therapy. Two awards ranging from \$1000 to \$2000 are awarded in the spring for entrance into the program the following academic year.

## Borghild Hansen Memorial Fellowship in Occupational Therapy

(Fund 5849) The goal of the Borghild Hansen Memorial Fellowship is to promote applicants with academic excellence entering the Program in Occupational Therapy at the University of Minnesota. Two awards ranging between \$1000 and \$2000 are awarded in the spring for entrance into the program the following academic year.

## McCauley, Alumni, and Friends Occupational Therapy Fieldwork Fellowship

(Fund 6423) The goal of the McCauley, Alumni, and Friends Occupational Therapy Fieldwork Fellowship is to assist second year occupational therapy students completing the Level II fieldwork for a degree in Occupational Therapy. Awards ranging between \$2000 and \$4000 will be awarded each year in the fourth semester of the curriculum.

## Optional Fieldwork CCR Fellowship in Occupational Therapy

(Fund 1750) The goal of the Optional Fieldwork CCR Fellowship in Occupational Therapy is to assist second year occupational therapy students completing a third Level II fieldwork course. The Program in Occupational Therapy will offer awards ranging between \$1000- \$2000 in the fourth semester of the curriculum.

## Marie Louise Wales Fellowship in Occupational Therapy

(Fund 1038) Students of the MOT curriculum in Occupational Therapy or the post-professional (MS or PhD) curriculum in Rehabilitation Science who demonstrated the potential to contribute to the health of children are awarded \$1000- \$3000 annually.

## Marvin Lepley Memorial Fellowship in Occupational Therapy

(Fund 6299) This commemorative fellowship will support students entering the Program in Occupational Therapy. Once this fund reaches \$25,000, the University will match dollar for dollar.

## Jane Dunning Copper & John A. Copper Strategic Initiatives Fund

(Fund 7227) This fund provides an ongoing source of revenue for strategic initiatives in the Program in Occupational Therapy and for projects that align with the program's strategic plan.

## Occupational Therapy Fund

(Fund 1667) This general purpose fund supports student research, alumni functions, strategic activities, and other initiatives not associated with academic courses.

## Fiftieth Anniversary Fund for Occupational Therapy

(Fund 4065) Alumni marked the Program's 50<sup>th</sup> anniversary by forming this fund. Contributions support student research and initiatives to enhance the student learning experience. The program will be planning for the 75<sup>th</sup> Anniversary in the next decade and is soliciting funds for the celebration.

# 2012 Contributors to OT Fellowship Funds

## \$1,000 – \$15,000

Georgette W Valle      McCauley-Brown Fund

## \$300 – \$999

Mr Kenneth J Albrecht      Dorian D Ford      Ruth A Nelson  
Blandin Foundation      Ms Sonia M Lager      Jeanette L Schwartz

## \$100 – \$200

Susan M Becker      Sally L Kamps      Beverly M Sallee  
Lynn E Bergstrom      Jacquelyn A Karvas      Susan A Scheefe  
Brandon E Bussler      Susan B Koelmel      Elaine M Schermann  
Joyce A Carden      Susan R Koenig      Winifred A Schultz-  
Elin Schold Davis      Karole D Lieb      Krohn  
Patricia A De Mars      Jean E Marshall      Erica B Stern  
Deluxe Corp Fdn      Virgil G Mathiowetz      Jan E Stube  
Margaret E Drake      Dyann M Mills      Jeanne R Van Sistine  
David C Elskamp      Nancy J Newman      Dorothy M Wannebo  
Cathy J Fritz      Carolyn E Oliver      Lindsey L Wegner  
Linda J Gaalaas      Karol M Orr      Mary R Wilcox  
Patricia A Gerko      Susan J Peterson  
Roger H Gross      Jessie B Polzin  
Margaret B Hiltunen      Jacqueline M Royce

## Up to \$100

Katherine A Ables      Beverly J Harries      Caroline L Portoghese  
Amy K Anderson      Monica J Heltemes      Terese M Pritschet  
Marta Stiefel Ayala      Joyce M Hoffman      Nancy A Ralston  
The Ayala 1998 Trust      Nancy E Huntley      Janet E Rydstrom  
Julie M Babineau      A Joy Huss      Maxine A Samek  
Kory J Badertscher      Anne V Irving      Marc H Schaefer  
Diane W Barnett      Marjorie N Kellor      Gretchen M Schmalz  
Renee L Barta      Kathleen L Kerhberg      Stephanie J Schroeder  
Joan E Bartingale      Le Vern Kingsberg      Barbara J Steinman  
Lois D Beck      Rosemary Korzeniowski      Gracia H Stuessy  
David M Bell      William R Kratz      Becky A Thacher-Bell  
Jennifer L Bleakmore      Up to \$100, con't      Lynn F Trostad  
Marilyn V Blom      Sarah Kujawa      Helaine A Vecchio  
Margaret J Bowles      Mary Garding Laib      Steven W Velaski  
Kurt A Brower      Dawn M Lang      Bonnie J Walbruch  
Janet M Busenius      Mary H Loe      Jane M Wallentine  
Carla J Butenhoff      Danielle D Lorentz      Kim M Waterbury  
Marian M Costello      Antoinette Masler      Terri A Weaver  
Michele A Darger      Cheryl L Matson      Shari T Weber  
Andrea M Dennis      Corey Mc Gee      Julienne A Weighter  
Susann L Detienne      Kathleen McMahan-  
Frances Eberlein      Adler  
Martha W Ewald      Thomas M Montague  
June E Franklin      Craig E Nelson  
Brenda L Frie      Koren Y Nishida  
Rebecca A Galen      Beverly R Olson  
Aldean Dahl Giles      Karen L Orning  
Connie J Good      William L Pedersen  
Candyce H Goschy      Sandra L Peterson  
Kaye V Grevious      Evonne J Phillippe  
Karen J Hall      James M Plasek  
Gretchen Hansen      Daina A Plostnieks-  
Prewitt      Redpath

# PROGRAM IN REHABILITATION SCIENCE



The Rehabilitation Science Seminar Series, in its second year, continues to promote scholarly discourse between primary researchers and clinicians. We have hosted speakers covering topics ranging from movement control in Parkinson's Disease to parametric assessments of frailty. The seminar series has been very popular with therapists and academics—creating a great environment for advancing the practice and science of rehabilitation. Seminars are open to the public. Please feel free to contact Rich Adamczak via email at [adamc002@umn.edu](mailto:adamc002@umn.edu) for more detailed information. We look forward to seeing you soon and hope you and join us at an upcoming seminar!

The Program in Rehabilitation Science continues to prepare PhD and Masters students for academic and scientific careers in rehabilitation related fields. Currently, 16 students are enrolled in the program. Five new students began their studies fall 2012 or spring 2013: Brittany Collins, advised by Dr. Dawn Lowe; Becky Lawrence, advised by Dr. Paula Ludewig; Rebekah Schmidt, advised by Dr. Teresa Kimberley; Justin Staker, advised by Dr. Paula Ludewig; and Joyce Trost, advised by Dr. Dawn Lowe. Within the past year, five students have graduated. Xiaolin (Selena) Zheng completed her master's degree Plan B project in October 2011. Selena was advised by Dr. LaDora Thompson and

she is currently enrolled in the surgery residency program at Montefiore Medical Center in New York City. Huiqing (Joan) Deng completed her PhD dissertation titled "Movement Velocity Effect on Cortical Reorganization and Finger Function in Stroke" in August of 2012, advised by Dr. James Carey. In August, Sharyl Samargia defended her PhD thesis titled "Pathophysiology of Adductor Spasmodic Dysphonia: A TMS Study." Sharyl completed her degree under the guidance of Dr. Teresa Kimberley. Sharyl is currently on faculty at the University of Wisconsin-River Falls as a speech-language pathologist. In December, Linda Koehler defended her PhD thesis titled "Axillary Web Syndrome: Ongoing Medical Evaluation." Linda will continue with some teaching and research advising involvement in the University of Minnesota Physical Therapy Program. Our final graduate this past year was Kristin Zhao. Both Linda and Kristin were advised by Dr. Paula Ludewig. Kristin's dissertation was titled "Relative Risk of Reduced Subacromial Space in Activities of Daily Living in Wheelchair Ambulators." Kristin is a Senior Engineer in the Orthopaedic Biomechanics Laboratory and Assistant Professor of Biomedical Engineering, College of Medicine, at the Mayo Foundation. Congratulations to all of these accomplished graduates, and welcome to our new students.

Photo Top Row: Brittany Collins, advised by Dr. Dawn Lowe; Rebekah Schmidt, advised by Dr. Teresa Kimberley; Becky Lawrence, advised by Dr. Paula Ludewig; Therese Schreder, advised by Dr. Peggy Martin; Lynda Anderson, advised by Dr. Peggy Martin; Divya Bhaskanran, advised by Dr. Paula Ludewig; Jeffery Chih-Huang Yu, advised by Dr. Virgil Mathiowetz.

Photo Bottom Row: Tara Mader, advised by Dr. Dawn Lowe; Joyce Trost, advised by Dr. Dawn Lowe; Jessica Cassidy, advised by Dr. James Carey. Not pictured: Haiming Liu, advised by Dr. LaDora Thompson; Corey McGee, advised by Dr. Virgil Mathiowetz; Megan Dowdal-Osborn, advised by Dr. Carl Kukulka; Ted Graber, advised by Dr. LaDora Thompson; Sanjay Sarkar, advised by Dr. Paula Ludewig; and Justin Staker, advised by Dr. Paula Ludewig.

# Alumni: Memories and Reunions!

The class of 1957 Occupational Therapy reunited for the first time in May of 2013.

It started as a wish from three alumni (Jan Schmidt Albrecht, Diane Singer Jordan, and Sandi Wonderly Shumate) to get together with classmates and visit campus, but ended in a 2-day reunion extravaganza!

The reunion started Thursday, May 2, 2013 with alumni and spouses arriving to the new "Commons Hotel" for check in, then off to supper at the Campus Club, in Coffman Union, where the alumni had wonderful displays of Occupational Therapy classroom treasures.

Friday, May 3<sup>rd</sup> began with a breakfast in the newly remodeled classrooms in Children's Rehab Center. A tour of the new Weisman Art Museum was next using golf carts provided by the Alumni Foundation. An impromptu lecture was provided by Mary Fuller Kawar on "Infinity Walk". Lunch was joined by current faculty and a lecture about the new Occupational Therapy Hybrid Curriculum. The alumni of 1957 then rode to the Alumni Foundation for a tour of the McNamara Center and to see the remodeling of the Northrop Auditorium.

Finally a memory book was compiled by all 16 remaining alumni, along with pictures past and present and alumni profiles. The photo featured at the beginning of this article shows campus above the Mississippi River in the 1950s.

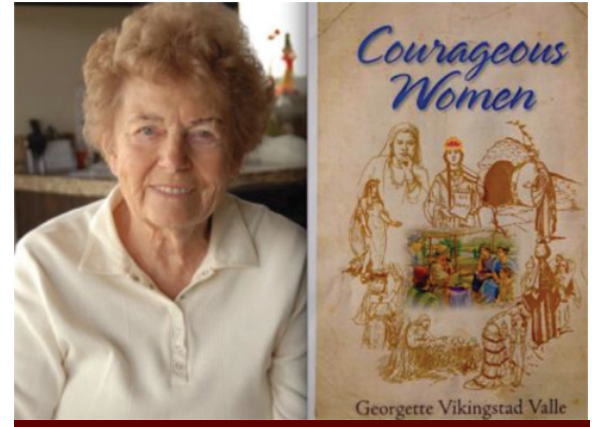
The class of 1957 challenges other classes to get together, because it was great being back on campus and seeing the present University of Minnesota, and reliving the past.

It is also the hope of the class of 1957 to start an annual banquet for all Occupational Therapy Alumni! Save the date, because the first one will be March 22, 2014! Look for your invitation after the first of the year!



Photo Above: [Back Row] Jan Schmidt Albrecht, Sandi Wonderly Shumate, Kay Goranson Rehnberg, Diane Singer Jordan, [Front Row] Bonnie Hansen McCarthy, MaryLee Milton Denley, Karyne Quast Harstad, Mary Fuller Kawar

**GEORGETTE VIKINGSTAD VALLE**, graduate of the University of Minnesota class of 1948, published her second book, *Courageous Women*. Georgette Valle, a strong democrat since her early days in Blue Earth, MN became a five term Washington state representative where she championed environmental issues, equality of education, and implementation of tax reform. Her first book was titled, *Always a Rebel and Never Without a Cause*. She passed away in September of 2013.



## TAKE OUR SURVEY!

*Program in Occupational Therapy needs your updated information!*

Go to  
<http://cahp.umn.edu/update-contact-information>

## In Memoriam

**DONNA M. PYCHA**, 83, passed away Sunday, Jan. 13, 2013 at Saint Mary's Hospital in Rochester Minnesota. Donna graduated from the University of Minnesota in 1952 with a Bachelor of Science Degree in Occupational Therapy.

## PROGRAM IN OT ANNUAL REPORT

	2012	2013
Number of Applicants	473	623
Number of Graduates	42	43
Fieldwork Rotations	90	86
Percent completing 1+ Non-metro rotation	56%	63%
Number of rotations in Minnesota	78	81
Number of rotations outside Minnesota	12	6
NBCOT Pass Rate	97%	100% (6 months)

Year	Number of Program Graduates	Number of first-time exam takers	Number of first-time passed exam takers	First-time exam taker pass rate
2010	36	37	36	97%
2011	42	42	38	90%
2012	40	37	36	97%
Total	118	116	110	95%

## Rochester Support Staff



**EDWARD (TED) GALATY** earned a Bachelor of Arts in Health & Wellness from St. Olaf College in Northfield, MN, and completed a Masters of Education at Grand Valley State University in Grand Rapids, Michigan. After completing his MEd., Ted moved west, first working at USC in California, and then at Chaminade University in Hawaii. In 2007 the Galaty family relocated to Rochester, MN, where they could be closer to family.

Ted is excited to be working for The Center for Allied Health Programs as his two main passions are education and health. His office is located in the University Square in Rochester where he is accessible to students and faculty of the Occupational Therapy and Clinical Laboratory Sciences programs. Ted's goals are to develop strong connections with students, faculty, and the Rochester community.

## Scholarly Projects (Class of 2013)

**Effects of an energy conservation course for persons with fatigue secondary to a chronic condition.** Bagnall, A., Bauer, K., Behnke, C., Elkins, A., Karow, T., and V. Mathiowetz (advisor).

**Effects of a group energy conservation course for persons with chronic conditions and fatigue.** Gottenborg, K., Granger, K., Reichert, B., Wood, J., and V. Mathiowetz (advisor).

**Effects of a semi-directed multi-sensory room for adults with intellectual disabilities: A fidelity study.** Erickson, T., Fink, B., Heilers, J., Wahlberg, J., Schreder (Nichols), T. (advisor) and V. Mathiowetz (advisor).

**Effectiveness of weighted blankets on sleep of residents in a long term care facility.** Baumgartner, M., Werner, J., Trimmier, M., Rosenquist, L., and P. Martin (advisor).

**Examining the relationship of cognition and IADL performance in memory care clients.** Barnes, V., Hanuman, S., Svobody, A., and P. Schaber (advisor).

**Measuring extrinsic and intrinsic hand strength in healthy adults: Inter-rater reliability of the Rotterdam Intrinsic Hand Myometer.** Gajda, M., Garlough, W. Gilbert, J., Overlie, A., Smurawa, K. and C. McGee (advisor).

**Testing feasibility of a movement and music video with memory care tenants: a pilot study.** Kueffer, K., Rhone, A., Sears, C., and P. Schaber (advisor).

**Tracking care partner concerns in caring for family members with neurocognitive disorders.** Haglund, K., Nordlie, K., Servick, PI, Steffl, M. and P. Schaber (advisor).

**What does it mean to live with post-polio syndrome?** Buysse, A., Funk, B., Gardner, J., Johnston, R., Anderson L. (advisor) and P. Martin (advisor).

## Have you Heard?



# The FIRST Annual UMN Program in Occupational Therapy Alumni Banquet is this spring!

Please join us **Saturday, March 22, 2014** at the elegant Campus Club in Coffman Union overlooking the banks of the beautiful Mississippi River to begin a tradition of an evening of memories, education and connections.

### Schedule:

- 5 PM – 6 PM Social Hour with Cash Bar
- 6 PM – 7 PM Special Recognition for Classes of 1989 (25<sup>th</sup>) and 1964 (50<sup>th</sup>), along with buffet dinner of Wild Mushroom Ravioli; Balsamic Rosemary Chicken; Roasted Red Potatoes; Seasonal Vegetables and Dessert.
- 7 PM – 9 PM Program **"The Future is Now: The Changing Face of OT"** (2.0 hours contact hours of education provided)

**Key Note Address:** Christina Metzler, Chief Public Affairs Officer at AOTA, will discuss the Affordable Care Act and OT

### Panel Presentations and Q & A:

U of M OT alumni who are engaged in innovative work in OT discuss what's new and what's yet to come in their areas of practice. Opportunities to interact and ask questions will be included

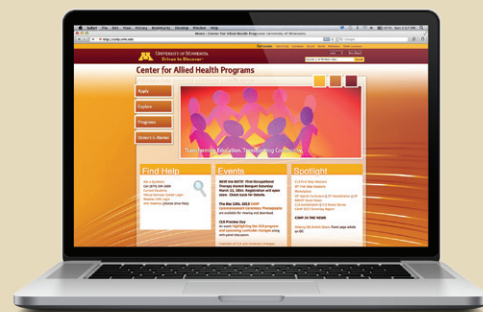
Note: If you have photos you'd like to share for this event, please scan them and email image files to: [jone1727@umn.edu](mailto:jone1727@umn.edu). Please indicate the year and names of people in photos if possible.

**Tickets are \$58.00 per person**

### To register online:

1. Go to [www.cahp.umn.edu](http://www.cahp.umn.edu) and look under **Upcoming Events**
2. Click on **More Information**
3. Click the button **Register Now**
4. Banquet payments can be securely paid by check or credit card through this registration site.

Please contact Claire at 612-625-8952 for assistance with online orders, or use the form below to register and pay via US Mail.



(Please mail this form and make checks payable to **University of Minnesota** and indicate OT Banquet in memo line)

**YES! I plan to join the Program in celebrating 68 years strong!**

Check enclosed amount \$ \_\_\_\_\_ for total of \_\_\_\_\_ dinners

Name \_\_\_\_\_ Phone (\_\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_ Email \_\_\_\_\_

Diploma Year \_\_\_\_\_ Former last name \_\_\_\_\_

Make checks payable to the **University of Minnesota** and send to:

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